

The Oak Creek Relational Counseling Center offers psychotherapy and counseling services for individuals, couples, children, teens, families, and groups.

We provide therapy for a wide range of needs including:

- Communication Problems
- Inability to Resolve Conflict
- Depression & Anxiety
- Anger
- Trauma
- Grief
- Adolescence
- Substance Abuse
- Life Changes
- LGBTQ Community
- Couples

Call us today! We would love to help you begin your therapy journey.



Groups

We provide a variety of group therapy opportunities to meet the ever-changing needs of our community. If you are looking for a particular group not listed below, please reach out and we will see if we have therapists available to accommodate your request.

- Women's Groups
- Men's Groups
- LGBTQ+ Groups
- Art Therapy Groups
- Adult Addiction Groups
- Parenting Groups
- Anxiety & Depression Groups
- Building Boundaries Groups



Oak Creek Relational Counseling Center

2100 Monument Blvd #17
Pleasant Hill, CA 94523



408-320-5740
www.oakcreekcounseling.org

-DIVERSE-

INCLUSIVE-ACCEPTING

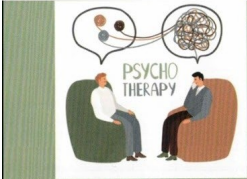
WELCOMING-SAFE SPACE-FOR EVERYONE

Cultural Awareness

Oak Creek Relational Counseling Center has a deep commitment to promoting inclusion and the affirmation of diverse identities. Our therapists place a high value on the dignity and worth of all people. We embrace the richness brought by identities and expressions at the intersections of ethnicity, race, nationality, sexual/affectional orientation, gender, size, age, physical and mental abilities, religion/spirituality, socioeconomic status, and immigration status. We also recognize the immense impact that systemic racism and oppression have on mental health and well-being. In this spirit, we strive to foster cultural humility through ongoing training and professional development.

Oak Creek Relational Counseling Center is a 501 (c) (3) non-profit counseling center. We provide affordable and pro bono therapy services to fit your financial needs.

For a referral call 408-320-5740. If you know the therapist you wish to see please provide their name or can them directly using their extension.

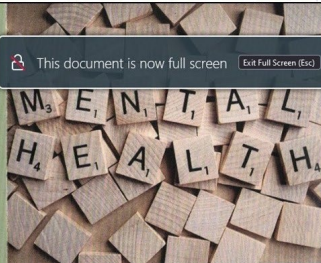


About Us

The mission of Oak Creek Relational Counseling Center is to provide effective and affordable community counseling services and advanced training for therapists, associates, and trainees.

We are committed to excellence in the administration of the center, the services we provide, and our training. Therapy services are provided from our offices in Pleasant Hill and via Telehealth.

As a client, you can be assured you will be receiving the best therapy available at a reasonable cost. You can also be assured that our therapists are receiving ongoing training, supervision, and consultations as a part of our program.



Our Therapists
Our therapists are all registered Marriage and Family Therapists (LMFT), Associates (AMFT), Associate Professional Clinical Counselors (APCC) and Trainees. All associate and trainee therapists receive ongoing supervision with qualified licensed therapists, as well as training on a variety of therapeutic topics.

Website

Please visit each therapist's page on our website for a more detailed summary of our current therapists and their specialties.

www.oakcreekcounseling.org

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