TEENS GROUP

Do You Feel Like You Worry All the Time? *Do You Think You Have Anxiety?*

Would You Like to Have Different Ways to Cope with Your Feelings?

WE CAN HELP!

Oak Creek Relational Counseling Center

Is

Happy to Provide a <u>Free</u> Teen Workshop

"Living Life & Coping With It"

For Teens Ages 14-17

Monday 6pm to 7:30 PM

Focus On

Understanding Anxiety & Worries

Targeting

Anxiety

Call Patty for an Intake

925-822-5937

For more information

Website: Oakcreekcounseling.org

(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC	(925) 822-5937 PATTY OCRCC