

OAK CREEK RELATIONAL COUNSELING CENTER

Telehealth Visits Release Form

What is telehealth?

Telehealth is a way to visit with healthcare providers, such as your therapist.

You can talk to your provider from any place, including your home. You do not go to a clinic or hospital.

How do I use telehealth?

- You talk to your provider by phone, computer, or tablet.
- Sometimes, you use video so you and your provider can see each other.

How does telehealth help me?

- You don't have to go to a clinic or hospital to see your provider.
- You won't risk getting sick from other people.

Can telehealth be bad for me?

- You and your provider won't be in the same room, so it may feel different than an office visit.
- Your provider may make a mistake because they cannot examine you as closely as at an office visit. (We don't know if mistakes are more common with telehealth visits.)
- Your provider may decide you still need an office visit.
- Technical problems may interrupt or stop your visit before you are done.

Will my telehealth visit be private?

- If people are close to you, they may hear something you did not want them to know. You should be in a private place, so other people cannot hear you.

- Your provider will tell you if someone else from their office can hear or see you.
- We use telehealth technology that is designed to protect your privacy.
- If you use the Internet for telehealth, use a network that is private and secure.
- There is an exceedingly small chance that someone could use technology to hear or see your telehealth visit.

What if I want an office visit, not a telehealth visit?

For now, almost all visits are by telehealth. We have a few that therapists available for office visits. It is up to you.

Just ask for a therapist who will see you in office.

You must wait until the office opens for all therapists to be available for office appointments. We do not know when that will be.

What if I try telehealth and do not like it?

- You can stop using telehealth any time, even during a telehealth visit. Just let the therapist know and they can refer you to the administrator for help.
- You can still get an office visit if you no longer want a telehealth visit. But until the office opens for all appointments, you will get an office visit only if requested.
- If you decide you do not want to use telehealth again:
 - call 408 320 5740 and say you want to stop,
 - A in office therapist will be arranged for you.

How much does a telehealth visit cost?

- The same as a office visit.
- What you pay depends on your insurance.
- A telehealth visit will not cost any more than an office visit.
- If your provider decides you need an office visit in addition to your telehealth visit, you may have to pay for both visits.

Do I have to sign this document?

No. Only sign this document if you want to use telehealth.

Do not sign this form until you start your first telehealth visit. Your provider will discuss it with you.

What does it mean if I sign this document?

If you sign this document, you agree that:

- We talked about the information in this document.
- We answered all your questions.
- You want a telehealth visit.

If you sign this document, we will give you a copy.

Child's Name (Print) Date

Your Name (Print) Date

Your signature Date